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| **Area** | **Type of meeting** | **Contact Person** |  **Days of Meetings**  | **Time**  |
| **Northern Health and Social Care Trust Area**  |
| Ballymena & Little Steps SureStart(Ballymena group) | Face to face | Contact Ballymena & Little Steps SureStart 028 256 42883Ballymena.LittleStepsSS@actionforchildren.org.uk | 1st Thursday of the monthBT43 6JE3rd Thursday of the monthBT42 4DN | 10.00-11.30 |
| Ballymena & Little Steps Surestart(Antrim group) | Face to face | Contact Ballymena & Little Steps SureStart 028 9446 9644Ballymena.LittleStepsSS@actionforchildren.org.uk | 2nd Monday of the monthBT41 2RN4th Monday of the monthBT41 2RN | 10.00-11.30 |
| Ballymena SureStart &Little Steps Surestart (joint virtual group) | Microsoft Teams | Contact Ballymena & Little Steps SureStart02825642883 or 028 9446 9644Ballymena.LittleStepsSS@actionforchildren.org.uk | 4th Wednesday of the month | 14.00-15.00 |
| Ballymena  | Zoom | Contact Health Visiting Team - 02825635694 | 1st Wednesday of the month3rd Wednesday of the month | 14.00-15.00 |
| Horizon Surestart | 1st wed month group held face to face.3rd Wed by zoom | Horizon Sure StartAlison Metcalfe – 02893359734 | 1st Wednesday of the month BT388JJ3rd Wednesday of the month | 11.00-12.00 |
| Dalriada Rural Surestart Ballycastle/ Bushmills   | Face to face | Contact Dalriada Rural Surestart: Una McCaughan 028 207 68668Una.McCaughan@northerntrust.hscni.net | Alternate TuesdaysBT57 8QD | 10.00-12.00 |
| **Area** | **Type of meeting** | **Contact Person** |  **Days of Meetings**  | **Time**  |
| **Northern Health and Social Care Trust Area**  |
| Dalriada Rural Surestart Ballycastle/ Bushmills   | Face to face | Contact Dalriada Rural Surestart 028 207 30444Karen CoxKaren.cox@northerntrust.hscni.net | Alternate TuesdaysBT57 8QD | 10.00-12.00 |
| Gold Surestart Cookstown/ Magherafelt area  | Face to face | Contact Gold Surestart 0286769994From January 2022Baptist Church M’FeltBT45 6BP | Every Monday | 10.00-12.00 |
| Gold Surestart Cookstown/ Magherafelt area | Face to face | Contact Gold Surestart 0286769994Gortalowry House, Cookstown BT80 8HX | Every Thursday | 10.00-12.00 |
| Coleraine Sure Start Partnership | Face to face | Call/text Coleraine Surestart 07841 037 013 Coleraine Surestart, Society Street BT52 1LA02870321032 | Every Thursday | 11.00-12.30 |
| Busom BuddiesAbbey Surestart | Face to face | Lorraine SteensonContact 02890860938 Monkstown Village CentreBT37 0HS | Mondays  | 10.00 – 11.30 |
| Newtonabbey | Face to face | Contact Health Visiting Team Newtonabbey BT36 6HPAdmin - 02890831502 | 1st Thursday of the month3rd Thursday of the month | 11.00-12.15 |
| Ballymoney | Face to face | Contact Health Visiting Team Ballymoney BT53 6HB02827660311 or 02827660314 | 1st Monday of the month3rd Monday of the month | 14.00 – 15.30 |
| **Across NI**  | Zoom | La Leche League NI02895818118 | Every 2nd and 4th Friday | 9.30 – 11.30 |
| **Across NI**  | Zoom | NCT NI | Every Sunday | 14.00 – 15.00 |
| **Area** | **Type of meeting** | **Contact Person** |  **Days of Meetings**  | **Time**  |
| **Belfast Health and Social Care Trust Area**  |
| Belfast | Microsoft Teams | Family Health Visitor can refer or email specialistbfsupport@belfasttrust.hscni.netEmail with Teams link, dates and times will be sent weekly. | 3 days a week | Time varies |
| Ballymena  | Zoom | Contact Health Visiting Team - 02825635694 | 1st Wednesday of the month3rd Wednesday of the month | 14.00-15.00 |
| Horizon Surestart | Zoom  | Horizon Sure StartAlison Metcalfe – 02893359734 | 1st Wednesday of the month3rd Wednesday of the month | 11.00-12.00 |
| Newtownabbey | Zoom | Contact Health Visiting Team Newtownabbey Admin - 02890831502 | 1st Thursday of the month3rd Thursday of the month | 11.00-12.15 |
| NI wide | Zoom | La Leche League NI02895818118 | Every 2nd and 4th Friday | 9.30 – 11.30 |
| NI wide | Zoom | NCT NI | Every Sunday | 14.00 – 15.00 |
| Outer West Sure Start | Face to faceSt Theresa’s primary school | Places booked with Jenny Watson. Work mobile 07385387163Office 02890 300307Home visits also provided by prior booking. | Every Wednesday | 10.30-12.30 |
| Saol Ur Sure Start Marvelous Milk Club | Whiterock Library, | Facilitated by Padraigin Feeding Support WorkerContact 07485394464Or Saol Ur Office on 02890324870.  | Every Thursday | 12.15 to 13.15 |
| **Area** | **Type of meeting** | **Contact Person** |  **Days of Meetings**  | **Time**  |
| **Belfast Health and Social Care Trust Area**  |
| Clan Mor Sure start | Whatsapp group,  | Please contact: 02890327755One to one support at home is also available on request. | N/A | N/A |
| Glenbrook Sure start | Wishing Well Family Centre (Alliance crescent) | Contact Mairead to book in 07714842506 or 02890712266. | Every other Tuesday | 10.30-12md |
| East Belfast Sure StartButterflies Breast Feeding Support Group | East Belfast Network Centre55 Templemore AvenueBelfast BT5 4FP | Contact Nicola on 02890963399 to book in.  | Every Thursday | 1.00pm-2.30pm |
| Shankill Surestart  | Martin Centre, 130 Ballygomartin Road | Invitation only contact Lesley or Edwina on 02890729003 | Every Thursday | 1.30pm-3.00pm |
| Smile Surestart529 Antrim rd  | Face to Face | Smile Surestart 02895042771 (office)denise.walker@belfasttrust.hscni.net mary.lavery@belfasttrust.hscni.net  | Thursday | 12 midday- 1.30 pm  |
| South Belfast Sure Start | 9 Lower Crescent Belfast | Contact Edna on 07837809294 or 02890942525 | Every Thursday | 1.00pm-2.00pm |
| **South Eastern Health and Social Care Trust Area**  |
| Greater Lisburn | Zoom | Contact Health visiting team Lisburn02892635726 | Every Monday –except public holidays | 10.30-11.30 |
| Surestart Ards | Face to face/ Zoom | Jacqui Clarke028 91819722Booking essential | Kircubbin Monday Newtownards - Wednesday | 12.15- 1.15pm 12-1pm |
| Surestart Bangor | Zoom | Heidi Brewer02891457248Booking essential | Monday | 10.30-11.30 |
| Colin Surestart | Face to Face; | Julie Ann Murphy0289060141707718478340Booking essential | Wednesday | 10.30 -12.00 |
| Down Surestart | Face to face | Laura Sharvin07872423540/02844613630Booking essential | Friday | 10.30-11.30 |
| Lisburn Surestart | Face to face | Debbie Abernethy02892672292Booking essential | Friday | 10.30 -12 |
| **Southern**  **Health and Social Care Trust Area**  |
| Greater Banbridge Area | Face to Face | Wendy RyanTel: 028 40622475star.surestart@southerntrust.hscni.net | Wednesday | 10.00-12.00 |
| Blossom Sure Start, Portadown | Face to Face (booking essential) | Kathleen Creaney (for booking)Tel: 028 38337455Siobhan McConville, Health Visitor | Thursday | 12.00-13.00 |
| Clogher Valley Sure Start SHSCT | Face to Faceat St. Bridget’s School Augher | Carol McMahon, Health VisitorTel: 028 85549898e-mail – info@cloghervalleysurestart.org | Wednesday | 10.00-11.00 |
| **Southern**  **Health and Social Care Trust Area**  |
| Dungannon & Coalisland Sure Start SHSCT | Face to Face | Breastfeeding Support Groupinfo@surestartdc.orgTo book contact Tel: 028 87729695 | Wednesday | 10.30-12.00 |
| Armagh | Face to Face | Arke Sure Start, Mia MurrayTel: 028 37518569 | Every Thursday | 10.00-11.00 |
| Kilkeel Surestart Breastfeeding Support Group | Face to Face | Booking required and for extra support What’s up group Tel: 028 41767418 | Every Tuesday | 09.30-11.30 |
| Newry Surestart Breastfeeding Support Group | Face to Face | Altnaveigh House, Newry. Booking required, contact Judith Tel: 07593139269judiths@newrysurestart.org  | Every Tuesday | 10.30-11.30 |
| Splash Sure StartCraigavon | Face to Face | Breastfeeding Support groupTo book please contact Janet Cameron HV02838 313360 Sure start registration required | Tuesdays | 11.30-12.30 |
| South Armagh Sure Start | Face to Face | Baby caféTo book & confirm venue please contact 023 830830022 orinfo@surestartsa.org  | 1st & 3rd TuesdayLislea Community shedForkhill community centre | 11- 12.30 |
| NI Wide | Zoom | Facebook: La Leche League IrelandEast Antrim GroupHelpline Tel: 028 95818118Louise Brownell 07968492012 | Every 2nd and 4th Friday | 09.30-11.30 |
| **Western Health and Social Care Trust Area**  |
| Culmore Community Partnership | Face to face  | Joan Collumb 02871163713Drop in  | Wednesday  | 11am |
| Derry Well Woman  | Face to Face  | Contact Derry Well Woman on 02871360777 to book a place | Thursday | 11-12md |
| Sure start Strabane  | Face to Face  | Victoria Coulter 0789273001702871382658 | Wednesday  | 10am-11.15am |
| Dry Arch Sure StartLimavady /Dungiven  | Face to face  | Gail Whiteside0287772982602877742904 | Thursday  | Contact Sure start for further details  |
| Edenballymore Surestart  | Face to face  | Catherine Millar02871371670 | Thursday  | 11am-12 |
| Shantallow Sure start  | Face to face  | 02871356110Michelle Mc Brearty  | Tuesday  | 10-1130am |
| Waterside Sure Start  | Face to face  | Contact for more details 02871347186 | Wednesday  | 10-1130am |
| Cherish Surestart Irvinestown | Face to face | Contact Adele Paton07523512714 | Monday | 10.30-1200md |
| Cherish Surestart Newtonbutler | Face to face | Contact Adele Paton07523512714 | Tuesday | 1030-1200md |
| Clogher Valley Surestart | Face to face  | Contact02885549898 | Wednesday | 1000-1100am |
|  Breastfeeding Ante-natal Group | Zoom Class | Zoom details available through midwife/health visitor | 1st Thursday of Every month | 7.20-9pm |