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| **Area** | **Type of meeting** | **Contact Person** | **Days of Meetings** | **Time** |
| **Northern Health and Social Care Trust Area** | | | | |
| Ballymena & Little Steps  SureStart  (Ballymena group) | Face to face | Contact Ballymena & Little Steps SureStart  [028 256 42883](tel:02825643555)  [Ballymena.LittleStepsSS@actionforchildren.org.uk](mailto:Ballymena.LittleStepsSS@actionforchildren.org.uk) | 1st Thursday of the month  BT43 6JE  3rd Thursday of the month  BT42 4DN | 10.00-11.30 |
| Ballymena & Little Steps  Surestart  (Antrim group) | Face to face | Contact Ballymena & Little Steps SureStart  028 9446 9644  [Ballymena.LittleStepsSS@actionforchildren.org.uk](mailto:Ballymena.LittleStepsSS@actionforchildren.org.uk) | 2nd Monday of the month  BT41 2RN  4th Monday of the month  BT41 2RN | 10.00-11.30 |
| Ballymena SureStart &  Little Steps  Surestart (joint virtual group) | Microsoft Teams | Contact Ballymena & Little Steps SureStart  02825642883 or 028 9446 9644  [Ballymena.LittleStepsSS@actionforchildren.org.uk](mailto:Ballymena.LittleStepsSS@actionforchildren.org.uk) | 4th Wednesday of the month | 14.00-15.00 |
| Ballymena | Zoom | Contact Health Visiting Team - 02825635694 | 1st Wednesday of the month  3rd Wednesday of the month | 14.00-15.00 |
| Horizon Surestart | 1st wed month group held face to face.  3rd Wed by zoom | Horizon Sure Start  Alison Metcalfe – 02893359734 | 1st Wednesday of the month BT388JJ  3rd Wednesday of the month | 11.00-12.00 |
| Dalriada Rural Surestart Ballycastle/ Bushmills | Face to face | Contact Dalriada Rural Surestart:  Una McCaughan 028 207 68668  [Una.McCaughan@northerntrust.hscni.net](mailto:Una.McCaughan@northerntrust.hscni.net) | Alternate Tuesdays  BT57 8QD | 10.00-12.00 |
| **Area** | **Type of meeting** | **Contact Person** | **Days of Meetings** | **Time** |
| **Northern Health and Social Care Trust Area** | | | | |
| Dalriada Rural Surestart Ballycastle/ Bushmills | Face to face | Contact Dalriada Rural Surestart  028 207 30444  Karen Cox  [Karen.cox@northerntrust.hscni.net](mailto:Karen.cox@northerntrust.hscni.net) | Alternate Tuesdays  BT57 8QD | 10.00-12.00 |
| Gold Surestart Cookstown/ Magherafelt area | Face to face | Contact Gold Surestart  0286769994  From January 2022  Baptist Church M’Felt  BT45 6BP | Every Monday | 10.00-12.00 |
| Gold Surestart Cookstown/ Magherafelt area | Face to face | Contact Gold Surestart  0286769994  Gortalowry House, Cookstown BT80 8HX | Every Thursday | 10.00-12.00 |
| Coleraine Sure Start Partnership | Face to face | Call/text Coleraine Surestart  07841 037 013  Coleraine Surestart, Society Street BT52 1LA  02870321032 | Every Thursday | 11.00-12.30 |
| Busom Buddies  Abbey Surestart | Face to face | Lorraine Steenson  Contact 02890860938 Monkstown Village Centre  BT37 0HS | Mondays | 10.00 – 11.30 |
| Newtonabbey | Face to face | Contact Health Visiting Team Newtonabbey BT36 6HP  Admin - 02890831502 | 1st Thursday of the month  3rd Thursday of the month | 11.00-12.15 |
| Ballymoney | Face to face | Contact Health Visiting Team Ballymoney BT53 6HB  02827660311 or 02827660314 | 1st Monday of the month  3rd Monday of the month | 14.00 – 15.30 |
| **Across NI** | Zoom | La Leche League NI  02895818118 | Every 2nd and 4th Friday | 9.30 – 11.30 |
| **Across NI** | Zoom | NCT NI | Every Sunday | 14.00 – 15.00 |
| **Area** | **Type of meeting** | **Contact Person** | **Days of Meetings** | **Time** |
| **Belfast Health and Social Care Trust Area** | | | | |
| Belfast | Microsoft Teams | Family Health Visitor can refer or email [specialistbfsupport@belfasttrust.hscni.net](mailto:specialistbfsupport@belfasttrust.hscni.net)  Email with Teams link, dates and times will be sent weekly. | 3 days a week | Time varies |
| Ballymena | Zoom | Contact Health Visiting Team - 02825635694 | 1st Wednesday of the month  3rd Wednesday of the month | 14.00-15.00 |
| Horizon Surestart | Zoom | Horizon Sure Start  Alison Metcalfe – 02893359734 | 1st Wednesday of the month  3rd Wednesday of the month | 11.00-12.00 |
| Newtownabbey | Zoom | Contact Health Visiting Team Newtownabbey Admin - 02890831502 | 1st Thursday of the month  3rd Thursday of the month | 11.00-12.15 |
| NI wide | Zoom | La Leche League NI  02895818118 | Every 2nd and 4th Friday | 9.30 – 11.30 |
| NI wide | Zoom | NCT NI | Every Sunday | 14.00 – 15.00 |
| Outer West Sure Start | Face to face  St Theresa’s primary school | Places booked with Jenny Watson.  Work mobile 07385387163  Office 02890 300307  Home visits also provided by prior booking. | Every Wednesday | 10.30-12.30 |
| Saol Ur Sure Start Marvelous Milk Club | Whiterock Library, | Facilitated by Padraigin Feeding Support Worker  Contact 07485394464  Or Saol Ur Office on 02890324870. | Every Thursday | 12.15 to 13.15 |
| **Area** | **Type of meeting** | **Contact Person** | **Days of Meetings** | **Time** |
| **Belfast Health and Social Care Trust Area** | | | | |
| Clan Mor Sure start | Whatsapp group, | Please contact: 02890327755  One to one support at home is also available on request. | N/A | N/A |
| Glenbrook Sure start | Wishing Well Family Centre  (Alliance crescent) | Contact Mairead to book in 07714842506 or 02890712266. | Every other Tuesday | 10.30-12md |
| East Belfast Sure Start  Butterflies Breast Feeding Support Group | East Belfast Network Centre  55 Templemore Avenue  Belfast BT5 4FP | Contact Nicola on 02890963399 to book in. | Every Thursday | 1.00pm-2.30pm |
| Shankill Surestart | Martin Centre, 130 Ballygomartin Road | Invitation only contact Lesley or Edwina on 02890729003 | Every Thursday | 1.30pm-3.00pm |
| Smile Surestart  529 Antrim rd | Face to Face | Smile Surestart  02895042771 (office)  [denise.walker@belfasttrust.hscni.net](mailto:denise.walker@belfasttrust.hscni.net)  [mary.lavery@belfasttrust.hscni.net](mailto:mary.lavery@belfasttrust.hscni.net) | Thursday | 12 midday- 1.30 pm |
| South Belfast Sure Start | 9 Lower Crescent Belfast | Contact Edna on 07837809294 or 02890942525 | Every Thursday | 1.00pm-2.00pm |
| **South Eastern Health and Social Care Trust Area** | | | | |
| Greater Lisburn | Zoom | Contact Health visiting team Lisburn  02892635726 | Every Monday –except public holidays | 10.30-11.30 |
| Surestart Ards | Face to face/ Zoom | Jacqui Clarke  028 91819722  Booking essential | Kircubbin Monday  Newtownards - Wednesday | 12.15- 1.15pm  12-1pm |
| Surestart Bangor | Zoom | Heidi Brewer  02891457248  Booking essential | Monday | 10.30-11.30 |
| Colin Surestart | Face to Face; | Julie Ann Murphy  02890601417  07718478340  Booking essential | Wednesday | 10.30 -12.00 |
| Down Surestart | Face to face | Laura Sharvin  07872423540/02844613630  Booking essential | Friday | 10.30-11.30 |
| Lisburn Surestart | Face to face | Debbie Abernethy  02892672292  Booking essential | Friday | 10.30 -12 |
| **Southern**  **Health and Social Care Trust Area** | | | | |
| Greater Banbridge Area | Face to Face | Wendy Ryan  Tel: 028 40622475  [star.surestart@southerntrust.hscni.net](mailto:star.surestart@southerntrust.hscni.net) | Wednesday | 10.00-12.00 |
| Blossom Sure Start, Portadown | Face to Face (booking essential) | Kathleen Creaney (for booking)  Tel: 028 38337455  Siobhan McConville, Health Visitor | Thursday | 12.00-13.00 |
| Clogher Valley Sure Start SHSCT | Face to Face  at St. Bridget’s School Augher | Carol McMahon, Health Visitor  Tel: 028 85549898  e-mail – [info@cloghervalleysurestart.org](mailto:info@cloghervalleysurestart.org) | Wednesday | 10.00-11.00 |
| **Southern**  **Health and Social Care Trust Area** | | | | |
| Dungannon & Coalisland Sure Start SHSCT | Face to Face | Breastfeeding Support Group  [info@surestartdc.org](mailto:info@surestartdc.org)  To book contact Tel: 028 87729695 | Wednesday | 10.30-12.00 |
| Armagh | Face to Face | Arke Sure Start, Mia Murray  Tel: 028 37518569 | Every Thursday | 10.00-11.00 |
| Kilkeel Surestart Breastfeeding Support Group | Face to Face | Booking required and for extra support What’s up group Tel: 028 41767418 | Every Tuesday | 09.30-11.30 |
| Newry Surestart Breastfeeding Support Group | Face to Face | Altnaveigh House, Newry. Booking required, contact Judith Tel: 07593139269  [judiths@newrysurestart.org](mailto:judiths@newrysurestart.org) | Every Tuesday | 10.30-11.30 |
| Splash Sure Start  Craigavon | Face to Face | Breastfeeding Support group  To book please contact Janet Cameron HV  02838 313360 Sure start registration required | Tuesdays | 11.30-12.30 |
| South Armagh Sure Start | Face to Face | Baby café  To book & confirm venue please contact 023 830830022 or  [info@surestartsa.org](mailto:info@surestartsa.org) | 1st & 3rd Tuesday  Lislea Community shed  Forkhill community centre | 11- 12.30 |
| NI Wide | Zoom | Facebook: La Leche League Ireland  East Antrim Group  Helpline Tel: 028 95818118  Louise Brownell 07968492012 | Every 2nd and 4th Friday | 09.30-11.30 |
| **Western Health and Social Care Trust Area** | | | | |
| Culmore Community Partnership | Face to face | Joan Collumb  02871163713  Drop in | Wednesday | 11am |
| Derry Well Woman | Face to Face | Contact Derry Well Woman on 02871360777 to book a place | Thursday | 11-12md |
| Sure start Strabane | Face to Face | Victoria Coulter  07892730017  02871382658 | Wednesday | 10am-11.15am |
| Dry Arch Sure Start  Limavady /Dungiven | Face to face | Gail Whiteside  02877729826  02877742904 | Thursday | Contact Sure start for further details |
| Edenballymore Surestart | Face to face | Catherine Millar  02871371670 | Thursday | 11am-12 |
| Shantallow Sure start | Face to face | 02871356110  Michelle Mc Brearty | Tuesday | 10-1130am |
| Waterside Sure Start | Face to face | Contact for more details 02871347186 | Wednesday | 10-1130am |
| Cherish Surestart Irvinestown | Face to face | Contact Adele Paton  07523512714 | Monday | 10.30-1200md |
| Cherish Surestart Newtonbutler | Face to face | Contact Adele Paton  07523512714 | Tuesday | 1030-1200md |
| Clogher Valley Surestart | Face to face | Contact  02885549898 | Wednesday | 1000-1100am |
| Breastfeeding Ante-natal Group | Zoom Class | Zoom details available through midwife/health visitor | 1st Thursday of Every month | 7.20-9pm |